

Client Consultation Notes...

PERSONAL INFORMATION:

Client Full Name and Gender:	Andrea A Bloggs -- Female
Client Contact Information:	Main Phone -- Mobile Phone
Doctors Contact Information:	Dr. Name -- Dr. Phone
Marital Status and Age Group:	Partnered -- 35 - 39
Doctors Last Visit:	Feb 03 2011
Last Period Date:	Apr 17 2011

MEDICAL BACKGROUND:

Are you suffering from any undiagnosed physical problems, injuries, acute pain, inflammations or disease that I should be aware of prior to treatment?	No
Are you currently receiving treatment from any medical or complementary practitioner?	No
Has there been any accident, broken bones or any surgery in the last two years?	I was involved in a car accident about eighteen months ago
Contagious or Infectious Diseases?	No
Do you suffer from any form of Cancer?	No

MEDICAL BACKGROUND:	Do you suffer from Diabetes?	Type 2 Diabetes
	Do you suffer from Epilepsy?	No
	Could you be or are you pregnant?	No
	Do you have any implants, plates or pins?	No
	Previous holistic treatments?	I have a monthly Reflexology treatment
	Are you wearing contact lenses?	Yes
	Do you suffer from any allergies?	No
REQUIRES WRITTEN PERMISSION:	Requires GP/Consultant Written Consent:	Not required for this client at this time
MEDICATION:	Are you taking any prescribed medication at present and if so what for?	Metformin to treat Diabetes Mellitus (Type 2)
MEDICAL HISTORY:	Skin Conditions:	The client is suffering with Eczema and is taking Ciclosporin for it
	Skeletal Conditions:	Non
	Muscular Conditions:	Non
	Cardiovascular/Lymphatic Conditions:	Non
	Neurological Dysfunctions:	Non
	Endocrine Conditions:	Non
	Respiratory Conditions:	The client is suffering with Asthma as a child but no longer has a problem.
	Digestive Conditions:	Diabetes Type 2
	Urinary Conditions:	Non
	Reproductive Conditions:	Non
PERSONAL DETAILS:		<p>The client is a Partnered Female who falls within the 35 - 39 age group. She has 2 children. Her current weight is 89kg and stands approximately 181cms tall.</p> <p>The clients occupation is an administrator which involves using a computer system for 4 hours a day. The work environment is exposed to natural day light and their duties involve infrequent use of mechanical equipment.</p> <p>Stress levels do vary, but based on a scale of 1 to 10 an average stress level of 06 at work is compared with an average stress level of 03 at home.</p> <p>Likes to walk or cycle at the weekends and plays a little tennis</p>
GENERAL LIFESTYLE:		<p>The client has a sedentary lifestyle with a moderate ability to relax, his/her sleep patterns are moderate getting 5 hours sleep per night. Their exercise routine is good participating in competitive sports activities.</p> <p>Walking and Cycling at the weekend</p> <p>Occasional glass of wine. Non Smoker</p>
DIET:		<p>Non</p> <p>Quite good not always meeting the five a day</p>

DIET: Drinks a lot of tea.
Range of meats, fish etc good
Salt on food no sugar taken because of the diabetes (Type 2)

PERSONAL INFORMATION: TREATMENT for: Andrea A Bloggs on May 07 2011 at 10:30
Client: Andrea A Bloggs
Phone No: Main Phone
Therapist: Therapist Name
Location: Treatment Room One
Therapy: Amatsu Therapy
Treatment Type: Amatsu Treatment
Marital Status: Partnered
Gender: Female
Age Group: 35 - 39
Children: 2
Height: 181cms
Weight: 89kg

CLIENT CURRENT STATUS: Main Complaint or Reason for Treatment: Auto Note for Amatsu Therapy - Main Condition or Reason for Treatment
General Symptoms: Pain in the mid and lower back
Stress and Energy Levels: Andrea stress level before the treatment was 06 reducing to 02 on completion of the treatment.
Her average stress level at work is 06 with an average stress level of 03 at home having remained the same.
Andrea physical energy level before the treatment was 03 increasing to 05 on completion of the treatment.
Andrea emotional energy level before the treatment was 02 increasing to 06 on completion of the treatment.
Andrea mental energy level before the treatment was 03 increasing to 06 on completion of the treatment.
Changes Since Last Treatment: This is her first visit

TREATMENT OBJECTIVES: Short Term Goals: Auto Note for Amatsu Therapy - Short Term Goals
Reduce the pain
Long Term Goals: Auto Note for Amatsu Therapy - Long Term Goals
Reflective Practice: Auto Note for Amatsu Therapy - Reflective Practice

TREATMENT NOTES: Contraindications: Auto Note for Amatsu Therapy - Treatment Specific Contraindications
Suffering irritating pain in the upper region of abdomen which radiates down into left and right pelvis
Measurements: Body Type: Endomorph
Upper Chest: 8 cms
Chest: 2 cms
Below Bust: 3 cms

TREATMENT NOTES:

Measurements:

Waist: 4 cms

Hip: 5 cms

Buttocks: 6 cms

Top of Thigh: -- Right 10 cms -- Left 11 cms

Above Knee: -- Right 12 cms -- Left 13 cms

Calf: -- Right 14 cms -- Left 15 cms

Ankle: -- Right 16 cms -- Left 17 cms

Upper Arm: -- Right 18 cms -- Left 19 cms

Lower Arm: -- Right 20 cms -- Left 21 cms

Wrist: -- Right 22 cms -- Left 24 cms

Muscular Condition:

The condition of the Abdominal muscles are Good

The muscular condition of the Biceps are Good

The muscular condition of the Hamstrings are Good

The muscular condition of the Quadriceps are Good

The muscular condition of the Triceps are Good

Postural Condition:

A Kyphotic curve is not present

A Lordotic curve is not present

A Scoliotic curve is not present

The Left and Right Sternocleidomastoid has Good postural condition

The Left and Right Deep Transverse Abdominals have Good postural condition

The Rectus Abdominus has Good postural condition

The Left Psoas and Iliacus have Poor postural condition

The Left and Right Rectus Femoris has Good postural condition

All the Erector Spinae Muscles have Good postural condition

The Left and Right Gluteus Medius and Minimus have Good postural condition

The Left and Right Hamstrings have Good postural condition

The Left and Right Gastrocnemius has Good postural condition

The Left and Right Soleus has Good postural condition

Skin Condition:

Skin Circulation is Normal

Skin Elasticity is Good

Skin Healing Ability is Good

Skin Moisture Content is Fair

General Muscle Tone is Good

Skin Pores are Fine

Skin Sensitivity is Medium

Skin Condition is Dry

Skin Tone is Fair

Nerve Sensitivity:

Auto Note for Amatsu Therapy - Nerve Sensitivity

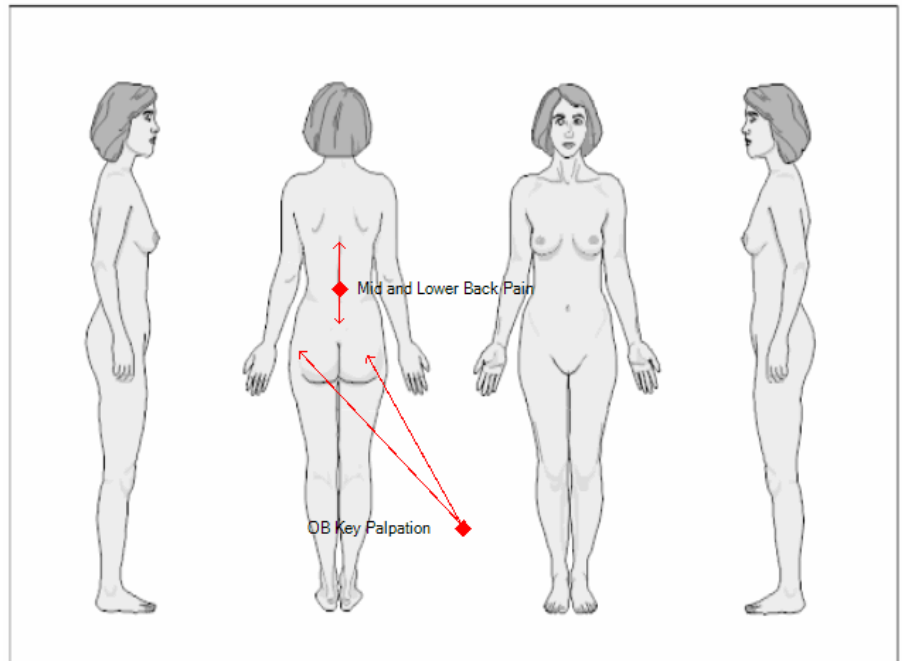
TREATMENT NOTES:	Outcome of Last Treatment:	Auto Note for Amatsu Therapy - Outcome of Last Treatment	
	Client Reaction and Feedback:	Auto Note for Amatsu Therapy - Client Reaction and Feedback	
	Rational for Choice of Treatment:	Auto Note for Amatsu Therapy - Rational for Choice of Treatment	
	Treatment Method:	To decrease stress and anxiety using Active Range of Motion to the upper region of abdomen. Auto Note for Amatsu Therapy - Treatment Method	
	Medium and Equipment Used:	Treatment to the Full Body using 05 mls Jojoba with 05 drops of Pine, 04 drops of Lavender and 04 drops of Lemongrass.	
	Treatment Conclusion:	Auto Note for Amatsu Therapy - Treatment Conclusion	
	Home Care and Advice Given:	Advised to initiate general exercise for 20 minutes every day until your next visit. Auto Note for Amatsu Therapy - Home Care and Advice Given	
	Cough Test	Cough	SB Negative
Fossa Test	Right Upper	Negative	
	Right Lower	Negative	
	Left Upper	Negative	
	Left Lower	Negative	
Gait Tests	Ipsilateral	Left	
	Contralateral	Left arm/right leg	
	Abdominal	Left arm/right leg	
	Side gait	Left arm/right leg	
	Reverse gait	Left arm/right leg	
Orthopaedic Tests	Lasegues	Negative	
	Braggards	Negative	
	Goldthwaites	Negative	
	Trendelenburg	Negative	
	Elys	Negative	
	Anterior Drawer Sign	Negative	
	Posterior Drawer Sign	Negative	
	Cervical Compaction	Cervical Priority	
	Deerfields	Cervical Priority	
	Adsons	Negative	
	Valsever	Negative	
	Sphincters	Cardiac	Negative
		Pyloric	Negative
		Oddi	Negative
DJJ		Negative	
ICV		Negative	
Housten		Negative	

Ligaments	Sacro-iliac	Left
	Ilio-Sacral	Left
	Sacro-tuberous	Left
	Ilio-Lumbar	Left
	Femoral	Left
	Fibula Head	Left
	Anterior Cruciate	Left
	Posterior Cruciate	Left
Major Organs	Lung	Recorded notes for the lungs
	Heart	Recorded notes for the Heart
	Gall bladder	Recorded notes for the Gall bladder
	Stomach	Recorded notes for the Stomach
	Spleen	Recorded notes for the Spleen
	Pancreas	Recorded notes for the Pancreas
	Liver	Recorded notes for the Liver
	Adrenals	Recorded notes for the Adrenals
	Duodenum	Recorded notes for the Duodenum
	Small Intestines	Recorded notes for the Small Intestines
	Kidney	Recorded notes for the Kidney
	Ileo Caecal Valve	Recorded notes for the Ileo Caecal Valve
	Caecum/Bladder	Recorded notes for the Caecum and Bladder
	Reproductive System	Recorded notes for the Reproductive System
	Colon	Recorded notes for the Colon
	Head and Neck	Sternocleidomastoide
Trapezius - Upper		Right: Strong -- Left: Strong
Neck Extensors		Right: Strong -- Left: Strong
Neck Flexors		Right: Strong -- Left: Strong
Spine and Ribs	Trapezius - Upper	Right: Strong -- Left: Strong
	Trapezius - Middle	Right: Strong -- Left: Strong
	Trapezius - Lower	Right: Strong -- Left: Strong
	Sacrospinalis	Right: Strong -- Left: Strong
	Psoas	Right: Strong -- Left: Strong
	Latissimus Dorsi	Right: Strong -- Left: Strong
	Quad Lumborum	Right: Strong -- Left: Strong
	Rectus Abdominis	Right: Strong -- Left: Strong
	Transverse Abdoms	Right: Strong -- Left: Strong
	Pectoralis Minor Sternal	Right: Strong -- Left: Strong
	Anterior Serratus	Right: Strong -- Left: Strong
	Serratus Anterior	Right: Strong -- Left: Strong

Spine and Ribs	Rhomboids	Right: Strong -- Left: Strong
Shoulder to Hand	Pectoralis Maj Clav	Right: Strong -- Left: Strong
	Latissimus Dorsi	Right: Strong -- Left: Strong
	Anterior Deltoids	Right: Strong -- Left: Strong
	Medial Deltoids	Right: Strong -- Left: Strong
	Posterior Deltoids	Right: Strong -- Left: Strong
	Subscapularis	Right: Strong -- Left: Strong
	Supraspinatus	Right: Strong -- Left: Strong
	Infraspinatus	Right: Strong -- Left: Strong
	Teres Major	Right: Strong -- Left: Strong
	Teres Minor	Right: Strong -- Left: Strong
	Subclavius	Right: Strong -- Left: Strong
	Coracobrachialis	Right: Strong -- Left: Strong
	Brachioradialis	Right: Strong -- Left: Strong
	Levator Scapulae	Right: Strong -- Left: Strong
	Triceps	Right: Strong -- Left: Strong
	Biceps Brachii	Right: Strong -- Left: Strong
	Opponens Pollicis	Right: Strong -- Left: Strong
Lower Back	Sacrospinalis	Right: Strong -- Left: Strong
	Psoas	Right: Strong -- Left: Strong
	Iliacus	Right: Strong -- Left: Strong
	Latissimus Dorsi	Right: Strong -- Left: Strong
	Quad Lumborum	Right: Strong -- Left: Strong
Hip and Pelvis	Piriformis	Right: Strong -- Left: Strong
	Gluteus Maximus	Right: Strong -- Left: Strong
	Hamstrings	Right: Strong -- Left: Strong
	Psoas	Right: Strong -- Left: Strong
	Iliacus	Right: Strong -- Left: Strong
	TFL	Right: Strong -- Left: Strong
	Quadriceps	Right: Strong -- Left: Strong
	Sartorius	Right: Strong -- Left: Strong
	Adductors	Right: Strong -- Left: Strong
	Gluteus Medius	Right: Strong -- Left: Strong
	Gracillis	Right: Strong -- Left: Strong
Knee	Hamstrings	Right: Strong -- Left: Strong
	Gastrocnemius	Right: Strong -- Left: Strong
	Quadriceps	Right: Strong -- Left: Strong
	Adductors	Right: Strong -- Left: Strong
	Popliteus	Right: Strong -- Left: Strong

Knee	TFL	Right: Strong -- Left: Strong
	Sartorius	Right: Strong -- Left: Strong
	Gracillis	Right: Strong -- Left: Strong
Lower Leg	Soleus	Right: Strong -- Left: Strong
	Gastrocnemius	Right: Strong -- Left: Strong
	Anterior Tibialis	Right: Strong -- Left: Strong
	Posterior Tibialis	Right: Strong -- Left: Strong
	Peroneus	Right: Strong -- Left: Strong
Subluxations and Fixations	Upper Cervical	Fixation
	Lower Cervical	Fixation
	Cervico-thoracic	Fixation
	Thoracic	Fixation
	Thoraco-lumbar	Fixation
	Lumbar	Fixation
	Lumbo-sacral	Fixation
	Sacral	Fixation
	C01	Fixed Closed left facet
	C02	Fixed Closed left facet
	C03	Fixed Closed left facet
	C04	Fixed Closed left facet
	C05	Fixed Closed left facet
	C06	Fixed Closed left facet
	C07	Fixed Closed left facet
	T01	Fixed Closed left facet
	T02	Fixed Closed left facet
	T03	Fixed Closed left facet
	T04	Fixed Closed left facet
	T05	Fixed Closed left facet
	T06	Fixed Closed left facet
	T07	Fixed Closed left facet
	T08	Fixed Closed left facet
	T09	Fixed Closed left facet
	T10	Fixed Closed left facet
	T11	Fixed Closed left facet
	T12	Fixed Closed left facet
	L01	Fixed Closed left facet
	L02	Fixed Closed left facet
	L03	Fixed Closed left facet
	L04	Fixed Closed left facet

Subluxations and Fixations	L05	Fixed Closed left facet
TS Line	T01	Negative
	T02	Negative
	T03	Negative
	T04	Negative
	T05	Negative
	T06	Negative
	T07	Negative
	T08	Negative
	T09	Negative
	T10	Negative
	T11	Negative
	T12	Negative
	L01	Negative
	L02	Negative
	L03	Negative
	L04	Negative
	L05	Negative



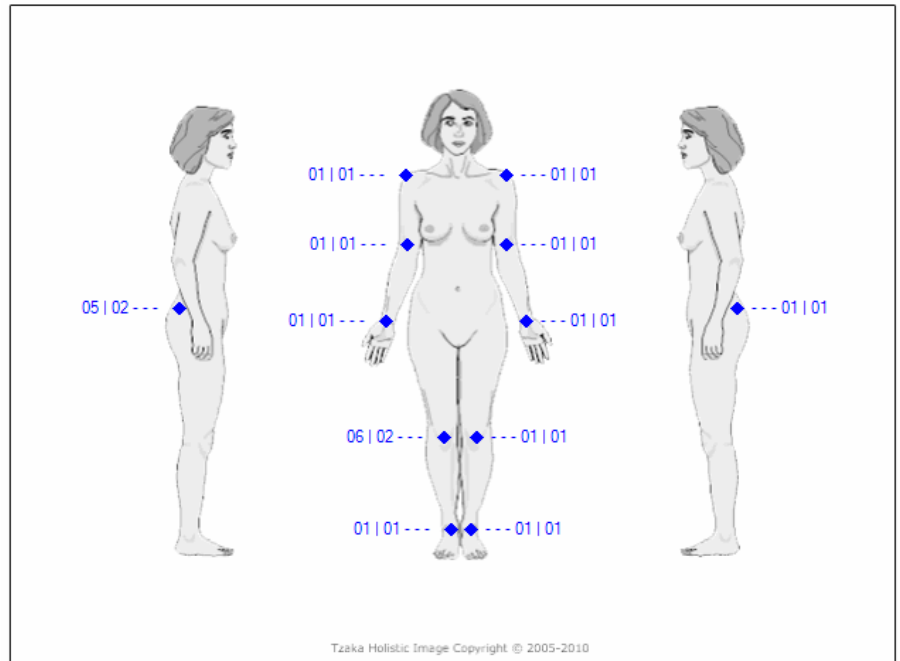
Palpation Notes...

TREATMENT NOTES:

Attention was drawn towards the Erector Spine muscles noting the Longissimus Thoracis and Iliocostalis Lumborum in particular.

Attention was drawn towards the Posterior Torso muscles noting the Latissimus Dorsi in particular.

Attention was drawn towards the Posterior Leg muscles noting the Gluteus Medius and Gluteus Maximus in particular.



Range of Motion Notes...

TREATMENT NOTES:

Restricted motion in the left Hip when performing Flexion was evident. Possibly caused by the Iliacus.